

INTRODUCTION TO THE GAME

CLOTHES

Flat soled bowls shoes must be worn to minimise damage to the green and, for competitive games a white top and grey trousers, shorts or skirt. On special occasions white trousers, shorts or skirt will replace the grey.

At the discretion of individual clubs Mufti dress is becoming the norm for Roll Ups.

BOWLS

A set of four bowls is chosen by the player by size and weight.

New bowlers are advised to borrow a set to make sure of the right combination before they invest in their own. The bowls are designed to travel a curved path and the bias is produced by their asymmetric design. As bowls vary in size from '0000' (smallest) to size 7 (largest) and within these sizes by weight, there will be a particular combination that suits the bowlers hand size best.

See table below: For Size, Diameter and approximate weight.

Size	Diameter	Weight	Size	Diameter	Weight
0000	4 3/8"	1075 grams	2	4 13/16"	1400 grams
000	4 1/2"	1175 grams	3	4 7/8 "	1460 grams
00	4 9/16"	1220 grams	4	4 15/16"	1520 grams
0	4 11/16"	1280 grams	5	5 "	1580 grams
1	4 3/4"	1350 grams			

GREEN EQUIPMENT.

The jack can be white or yellow and must have a diameter of between 63 and 64 mm and weigh between 225 and 285 grams.

The mats on which the bowler must stand when bowling are rectangular and measure 360mm by 600mm, the material can be latex or rubber.

Scoreboards will vary in design, but all will show the current score as shots scored under "HOME" and "AWAY" and the number of "ENDS" played.

Curved metal pushers on rollers are used to collect the bowls after each end has been completed.

They are left behind and to one side of the mat position when not in use.

Measuring sticks are used to check that the mat is a minimum of 2 metres from the edge of the ditch.